

Mehr Taekwondo (Friendship, Enthusiasm, Hard Work)
Changes to the Belt Promotion Test Requirements,
July 2023



Changes to the order of the requirements for promotion tests from Fall 2023.

The Korean word "Kup", which refers to the belt degrees below the 1st Dan, is being spelled by Kukkiwon as "Geop" in their latest publications, and that is why we are using the same term in all of our documents from now on.

Changes to 10th Geop through 3rd Geop

All Hambon-Kyorugies and Sebon-Kyorugies are moved to 2nd Geop and 1st Geop levels. There are no One-step Arranged Sparring (Hambon-Kyorugi) nor Three-steps (Sebeon-Kyorugi) for 10th Geop to 3rd Geop levels.

Changes to 2nd Geop

The following is removed from the earlier Geop levels and added to the requirements of promotion test for 2nd Geop.

1. All one-step Hanbeon-Kyorugi, which are the applications to Taegeuks T1 to T6, altogether **fifteen**.
2. All one-step Hanbeon-Kyorugi for kicks, consisting of **six** arranged sparring.

Changes to 1st Geop

Applications to T7 and T8 are part of promotion test for advancing from 1st Geop to 1st Dan/Poom. All six three-step arranged sparring (Sebeon Kyorugi) are moved to this level.

I would be grateful if you report any kind of mistakes in the text, or suggest any better way of presenting the contents to me.

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